



WORKSHOPS DESCRIPTION

Workshop A	Workshop B
Cinema	Arts
Cooking	Dance
Discussion and debate*	Music
Entrepreneurship	Photography
Environment and sustainable development	Sport and training
Journalism and album	Theater
Literature and languages*	Yoga and well-being
Quebec civilization	

*Recommended for intermediate or advanced level students

Workshops A

Cinema

Who doesn't like cinema? But who is aware of all the work behind a movie? Scenario, acting, make up, editing, you name it! This workshop offers the opportunity to experience many dimensions of production and to apply them. Get behind the camera and take part in the creation process. Our movie will be shown at the end of the program!

And it's not just about full features! Short films, animation and advertising are also to be covered! Cinema lovers feel a need to share their experience with others, so of course we'll go to the movies!

Cooking

We all know that the traditions and lifestyle of people can be discovered in their plate! Cooking in French will be a nice start, giving you the opportunity to learn new words and technical terms. You might even discover some typical Québec food! Trying new meals is always a great experience, even more if you can enjoy that moment with others!

Come share your tastes and learn tricks to be a better cook!

Discussion and debate

Debating is an art! Finding the right words to express our thoughts is an important part of our daily lives, especially when dealing with sensitive subjects. This workshop is the right place to organize your thinking and will sure give your skills in French a nice level up! This is a challenge you will want to take on!



Entrepreneurship

It is never too soon to launch your career! So what is there to know about starting a business? What are the problems you might encounter? You'll have the chance to meet with experienced people and develop a brand. We'll also help you to understand the workplace and job searching. Why not start now? The earlier you start, the farther you'll get!

Environment and sustainable development

You want to get implicated in making your city a greener space? You've come to the right place! Not only will you discuss sustainable development, but you'll also get to apply those concepts outside the classroom. It's also a good place to share your ideas about how humanity could improve its lifestyle to have a lesser impact on environment, and promote those ideas with the others students on campus.

Gardening, anyone?

Journalism and album

Without people to tell it, history is meaningless. Be the ones to immortalize the wonderful moments you'll have in Québec City with short newspapers for all the participants of "En français à Québec"! You'll also get to work on our yearbook. Come create nice mementos that everyone will keep for a long time!

Literature and languages

Stories and poems are meant to be shared, not to stay in your drawer! This workshop is the right place to come forward, create and get feedback. And since we know the writer's block is horrible, we'll give you tricks to stay in motion! Isn't that wonderful? But wait, there's more: you'll read texts from different writers and genres through history and, of course, from Québec's culture.

Please note that this workshop is more suitable for intermediate and advanced students.

Québec civilization

Ever wondered why Quebecers speak French and are very fond of that heritage? And why Québec's political stance is quite unique in North America? Well, it took a lot of time to arrive there and many inspired people who worked to transform society. And it's not over: The Culture in Québec City is lively, always in motion, and this workshop is your chance to see it up close!



Workshops B

Arts

If you have a lot of imagination and you like to create, then this workshop is for you! Making your own jewellery, personalizing your clothes and making masks are activities on the schedule. You will have a chance to use a lot of different materials to make your own arts projects. So, what are you waiting for? We need your hands to construct wonders!

Get ready to create masterpieces using different techniques and mediums!

Dance

If you can't stop moving your head, stomping or singing when you hear the sound of music, then join us as fast as you can! We shall discover diverse shapes and aspects of dance through presentations, movies and many dance steps. We will end this activity by a remarkable, funny and amazing show!

Theater

Feelings, histories, make up, histories and imagination; all this and more at the Theatre workshop. Our goal? To make our public laugh, cry, scream and of course to give entertain! *We will show our play at the end of the program to all the students.*

Music and singing

Summer and vacations are not an excuse to let down your instrument or let your voice go cold! You have a guitar, a flute, a saxophone? Bring it with you! You'll also get the chance to try new instruments too!

Please note that it is important that you have basic skills in music reading and some experience with an instrument, as we'll be playing at the talent show towards the end of the program.

Sports

If you like to move and have fun, the sports workshop is the right place! We are going to try many activities like playing soccer, basketball, badminton, beach volleyball, etc.! Come and spend your energy with us!

Yoga

We will learn how to relax, have a better posture and a better lifestyle; get to know different yoga positions and breathing techniques. We'll cover healthy eating and beneficial habits. Our lives are so stressful, so give yourself a treat and become more "zen"!

Photography

Photography has become so accessible in recent years, it's no longer reserved to artists who make a living out of it. But using Snapchat filters is not exactly what photography is



about... and that's where we enter to help! Rule of thirds, composition, landscape photography, black and white: now is the time to stand out and learn how to immortalize a moment in one shot!

We'll do an exhibition with our pictures!

Workshop C: Explore Québec

Mandatory for all students.

Important: Bus pass or tickets are necessary

You are interested in discovering amazing places in Quebec City? You want to taste dishes that Quebecers love, the sports thrilling them or watch movies that we love? Come to the "Explore Quebec" workshop and give something special to your summer.